

# Dale Abdominal Binder with Exclusive Stretch Material

---

The Dale Abdominal Binder supports abdominal muscles while encouraging mobility and promoting muscle redevelopment.

The binder is made entirely of Dale's Exclusive Stretch Material, which permits Velcro® closure at any point for a more precise, more comfortable fit. Evenly distributed compression promotes coughing and deep breathing. Patients can walk more comfortably, reducing the possibility of sedentary complications such as atelectasis, pneumonia and phlebitis.

## Applications

The Dale Abdominal Binder provides support and comfort following procedures such as:

- Cesarean Section
- Hysterectomy
- Liposuction
- Gastroplasty
- Abdominoplasty
- Childbirth

## Key Features

- **Latex-Free.** Eliminates concerns about patient or caregiver hypersensitivity to latex.
- **New innovative joining stitch.** Gap-free stitching provides greater patient comfort.
- **Evenly distributed compression.** Dale's Exclusive Stretch Material distributes compression evenly around the body without riding, roping or constricting.
- **Longer product life.** Material can be engaged and disengaged an indefinite number of times. Some fuzziness may appear, but this actually improves holding power.
- **Velcro closure.** Binder opens and closes quickly and easily for dressing and wound inspection. Can be attached at any point on the circumference of binder for precise fit.



Take Hold of Patient Care®

Dale® Medical Products, Inc.  
7 Cross Street  
P.O. Box 1556  
Plainville, MA 02762-0556 USA  
TEL: 800-343-3980 FAX: 508-695-6587  
INTL TEL: 508-695-9316  
[www.dalemed.com](http://www.dalemed.com)

Velcro is a registered trademark of Velcro USA Inc.  
©2003 Dale Medical Products, Inc.  
Printed in USA, PK, ABD

**LATEX FREE**

# Dale® Abdominal Binder

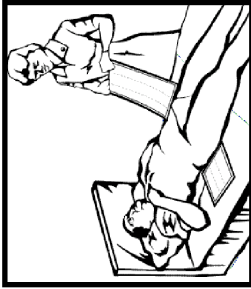
**with Exclusive Stretch Material**



Take Hold of Patient Care®

## Applying the Dale® Abdominal Binder

Dale Abdominal Binders are available in a range of sizes.



1. Place the binder under the patient and stretch one end out. Proper stretch provides necessary compression.



2. Stretch the binder over the patient's stomach and hold with one hand. The binder may be placed straight, or at an angle if additional pressure is needed on the upper or lower abdomen.



3. Stretch the other end over at the desired angle.

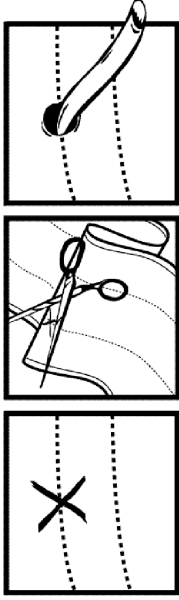


4. Press the binder closed while stretching.

Be sure to stretch the binder adequately. Remember, a secure fit won't restrict breathing; the stretching and compression actually facilitates deep breathing.

## Using Drainage Tubes

A hole can be cut in the Dale Abdominal Binder to accommodate a Penrose-type drain tube. Place the binder on the patient so that there is only a single thickness over the drainage site. Mark an X on the fabric where the hole should be made, create the fabric and make an elliptical cut in the material (see illustration). When the fabric is stretched, the elliptical cut will become a round hole to accommodate the drain. The diameter of the hole will be equal to the length of the cut.



## Laundering and Care

Machine wash COLD

Or hand wash

Do not bleach

Line dry

Machine or hand wash in cold water with mild detergent. Before washing, make sure that the Velcro surfaces are securely fastened to prevent lint accumulation, which can interfere with the Velcro fibers and weaken their locking properties. Hang to dry.

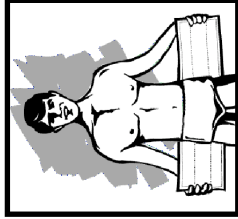
## Ordering Information

Dale Abdominal Binders are available from hospital/medical supply dealers, packaged one per box.

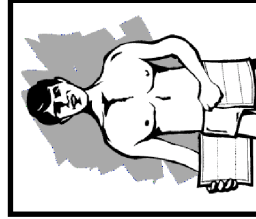
To find size, measure female hips, male waist.

H8410 <b>5251</b>	2 panel	6" stretches to fit 28-50" 71-127 cm
H8410 <b>5271</b>	2 panel	6" stretches to fit 46-60" 117-152 cm
H8410 <b>4101</b>	3 panel	9" stretches to fit 30-45" 76-114 cm
H8410 <b>4111</b>	3 panel	9" stretches to fit 46-62" 117-157 cm
H8410 <b>4181</b>	3 panel	9" stretches to fit 60-75" 152-191 cm
H8410 <b>8101</b>	4 panel	12" stretches to fit 30-45" 76-114 cm
H8410 <b>8111</b>	4 panel	12" stretches to fit 46-62" 117-157 cm
H8410 <b>8181</b>	4 panel	12" stretches to fit 60-75" 152-191 cm
H8410 <b>8191</b>	4 panel	12" stretches to fit 72-84" 183-213 cm
H8410 <b>8201</b>	4 panel	12" stretches to fit 82-94" 208-239 cm
H8410 <b>9201</b>	5 panel	15" stretches to fit 82-94" 208-239 cm

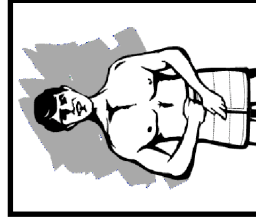
## Self Application



1. Position top edge just below navel and stretch out sideways.



2. Wrap around.



3. Press closed to secure.